



The Northwestern Specialists
For Women

PRECONCEPTION/GENETIC QUESTIONNAIRE

Name: _____ Date: _____

Partner's Name: _____

Height _____ Weight _____ BMI _____ BP _____

Please circle Y or N

- Y N Have you ever been pregnant before?
 If yes: Total number of pregnancies _____ Number of living children _____
 Were there any complications with these pregnancies: _____
 Y N Will you be 35 or older when this child is born?

Please indicate if you, your partner/husband, or anyone in your family has had the following:

- | | | | | | |
|------------------------------|---|---|-------------------------------------|---|---|
| a. 2 or more miscarriages | Y | N | b. A child with a birth defect | Y | N |
| c. A chromosomal abnormality | Y | N | d. Down's syndrome | Y | N |
| e. Muscular dystrophy | Y | N | f. Hemophilia/Bleeding disorders | Y | N |
| g. Cystic fibrosis | Y | N | h. Neural tube defects/spina bifida | Y | N |
| i. Mental retardation | | | | | |

Do you or your partner have any of the following medical conditions:

- | | | | | | |
|---------------------------|---|---|--------------------|---|---|
| a. Diabetes | Y | N | b. PKU | Y | N |
| c. Lupus | Y | N | d. Thyroid disease | Y | N |
| e. Deep venous thrombosis | Y | N | f. Depression | Y | N |

- Y N Are you or your partner of Ashkenazi Jewish descent?
 Y N If yes, have you been tested for Tay Sachs disease or Canavan's disease?
 Y N Are you or your partner of African American or of African descent?
 Y N If yes, have you been tested for Sickle Cell disease?
 Y N Are you or your partner of Southeast Asian or Phillipine descent?
 Y N If yes, have you been tested for Thalassemia?
 Y N Are you or your partner of Greek or Italian descent?
 Y N If yes have you been tested for thalassemia?
 Y N Do you currently take any prescription or non-prescription medications?
 If yes, please list _____
 Y N Are you currently taking a prenatal vitamin?
 Y N Do you or you partner smoke?
 Y N Do you drink alcohol?
 Y N Do you use any recreational drugs?
 Y N Are you exposed to any chemical agents in the workplace or at home?
 Y N Are your immunizations up to date, including Rubella, Hepatitis B, and tetanus?
 Y N Did your mother receive DES when pregnant with you?
 Y N Do you own cats?
 Y N Do you eat rare or raw meat?
 Y N Have you had the chicken pox or have you received the vaccination for chicken pox?
 Y N Do you or your partner have a history of genital herpes, either type 1 or 2?
 Y N Are you an athlete (i.e. run marathons, run >5 miles/day, exercise >2 hours/day) ?
 What is your occupation? _____

Do you or your partner have any other family history of concern to you (please list below)?

Recommendations/Plan

- | | | |
|--|---|---|
| <input type="checkbox"/> Prenatal Vitamin | <input type="checkbox"/> Day 3 labs | <input type="checkbox"/> Other blood work |
| <input type="checkbox"/> Dietary counseling | <input type="checkbox"/> Semen Analysis | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Exercise counseling | <input type="checkbox"/> Ultrasound | _____ |